



## Team Building

### Kendo Experience

Winner of the 'Japan Sports Culture Tourism Award 2019'!

A popular team building program in which participants can get a taste of real samurai experiences through the traditional Japanese martial art of kendo. Enjoy meticulous guidance from experienced instructors before enjoying a mini competition. As a team, attempt to improve your spiritual, technical and physical attributes by means of samurai training.

#### Information

##### Capacity

10–200 participants

##### Time required

2–3 hours

##### Period

throughout the year

##### Fees

Plan A ¥15,000 per person, Plan B ¥12,000 per person, Plan C ¥8,000 per person \*Includes venue fees, equipment rental, instructor fees and novelties, but excludes tax.

##### Venue

venues in central Sapporo or surrounding area (within a one-hour drive)

##### Remarks

(1) The venue, equipment and instructors will be arranged after payment. (2) In order to prepare equipment, the gender and height of participants is required at least 10 days in advance. (3) Instruction can be provided in Japanese or English; interpreters are required for other languages. (4) Cancellation policy: 3 to 10 days in advance, 50%; 2 days in advance or later, 100% \*Policy may differ according to the No. of participants or season.

#### Official Website

<https://www.samuraitrip07.com/>

#### Recommended Plan

Kitting up (20 min.) + manners (5 min.) + stroke practice (40 min.) + mini competition (30 min.) + cultural guide (15 min.) & demonstration (20 min.)

#### Program 1

##### Attraction

Authentic kendo performances also available for gala dinners or receptions. Marvel at the thrill of the nimble attack and defense of experienced kendo practitioners!

## COLUMN

### Equipment Spec

Plan.A: Full equipment (kendo uniform, bamboo sword & armor)  
Plan.B: Kendo uniform (doi + hakama) & bamboo sword (no armor)  
Plan.C : Bamboo sword only

